



COVID-19

Screening Questionnaire

All staff must complete before beginning their work shift or entering the workplace.

Updated June 9, 2021

Name: _____ Date: _____ Time: _____

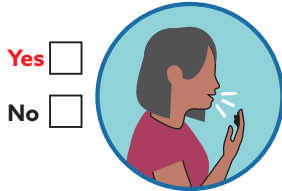
1.) Do you have any of the following new or worsening symptoms or signs?*



Yes

No

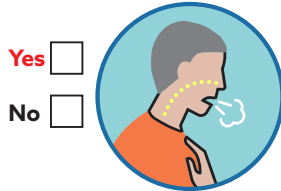
Fever or chills



Yes

No

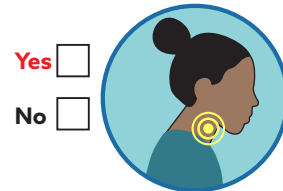
Cough



Yes

No

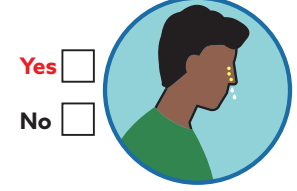
Trouble breathing



Yes

No

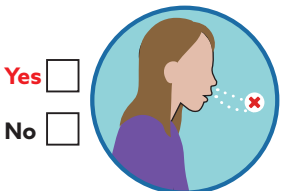
Sore throat or trouble swallowing



Yes

No

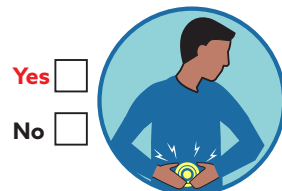
Runny or stuffy nose



Yes

No

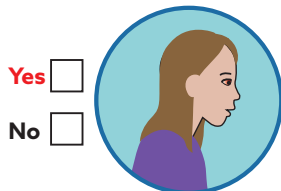
Decrease or loss of taste or smell



Yes

No

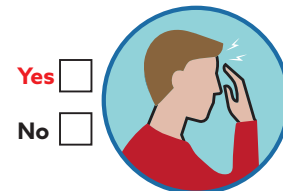
Nausea, vomiting or diarrhea



Yes

No

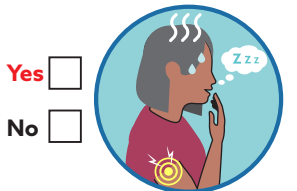
Pink eye



Yes

No

Headache**



Yes

No

Very tired, sore muscles or joints**

If "YES" to any symptoms:



Stay home & self-isolate



Get tested

Or



Contact a health care provider

*If you have an existing health condition that gives you the symptoms select "No", unless the symptom is new, different or getting worse. Look for changes from your normal symptoms.

**If symptoms of a mild headache, tiredness, sore muscles or joints occur within 48 hours after getting a vaccine, select "No" and wear a medical mask when at work. If your symptoms last longer than 48 hours or worsen, stay home, self-isolate and get tested.

2.) Does anyone in your household have one or more of the above symptoms and/or are waiting for test results after experiencing symptoms? Yes No

3.) Have you been notified as a close contact of someone with COVID-19 or been told to stay home and self-isolate? Yes No

4.) In the last 14 days, have you travelled outside of Canada? Yes No

If "YES" to Questions 2, 3 or 4:



Stay home



Follow Toronto Public Health advice

Operators should keep a copy of staff screening results for 30 days and then shred.

Developed in accordance with recommendations and instructions issued by the [Office of the Chief Medical Officer of Health](#)

I HAVE SYMPTOMS OF COVID-19, WHAT SHOULD I DO?

Were you a close contact of someone who tested positive for COVID-19 in the last 14 days?

YES

- Everyone, including household members, should stay home and self-isolate. Go for testing.
- If **positive**, notify your workplace. Toronto Public Health will follow up with instructions.
- If **negative**, you still need to self-isolate for 14 days from last exposure to the person who was positive.
- If you are **not tested** you need to stay home and self-isolate for 10 days from when your symptoms started. Household members will need to stay home and self-isolate for 14 days from their last contact with you.
- If you only received an exposure notification through the [COVID Alert app](#) and tested **negative** you can return to work.

NO

- Notify your workplace that you have symptoms.
- You should stay home, self-isolate and get tested.
- Household members should self-isolate until your test is negative.
- If symptoms of a mild headache, tiredness, sore muscles or joints occur within 48 hours after getting a vaccine, wear a medical mask when at work. If your symptoms last longer than 48 hours or worsen, stay home, self-isolate and get tested.

What was the result of your COVID-19 Test?

POSITIVE

- Notify your workplace.
- You must stay home & self-isolate for 10 days from the day your symptoms started.
- Household members & close contacts must also self-isolate for at least 14 days from their last contact with you.
- Toronto Public Health or your local health unit will contact you to do an investigation & will provide further instructions.

NEGATIVE

- You may return to the work 24 hours after your symptoms have started improving.
- Household members no longer have to self-isolate, as long as they don't have symptoms.

NOT TESTED

- You must stay home & self-isolate for 10 days from the day your symptoms started. After 10 days, you can return to work if your symptom have been improving for at least 24 hours.
- Household members must self-isolate for 14 days from their last contact with you.
- If a health care provider has diagnosed a condition that isn't related to COVID-19, you can return to work 24 hours after your symptoms improve. Household members do not need to stay home.

If you or someone in your household travelled outside of Canada in the last 14 days:

- The person who travelled should stay home and self-isolate for 14 days, even if they tested negative.
- If the person who travelled has symptoms, household members should self-isolate until the traveller's test is negative.
- If the traveller doesn't have symptoms, household members should stay home except for essential reasons while the traveller is self-isolating.
- If the individual is exempt from travel quarantine because they perform an essential job (e.g. truck driver, pilot), the rest of the household does not need to self-isolate.

